

Hazelden Betty Ford Children's Program

Remote Continuing Care: Scavenger Hunt

It's Important to make time for family fun. This activity requires you to work together. Your task it to find the items listed on the second page. The challenge is to see if you can gather all of the items in ten minutes or less!

Family Discussion

After finding all of the items, take time as a family to sit down and discuss how you completed this activity. Here are some questions to answer:

- Did we have a strategy?
- Did we have a leader? If yes, who?
- Did we give each other compliments?
- What challenges did we face?
- Did we have fun?

Nothing takes the place of seeing you in person, but if you need support, please contact us!

Children's Program Staff

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