



INTERNSHIP ADMISSIONS, SUPPORT, AND PLACEMENT DATA

Version: June 2022



Important contact information

Please contact the Training Director with other questions about the training program.

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Mental Health Internship Training Director
Hazelden Betty Ford Foundation
15251 Pleasant Valley Road, CO7
Center City, MN 55012-0011
651-213-4698
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This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. This internship site is accredited by the Commission on Accreditation of the American Psychological Association. Questions related to this training program's accreditation status should be directed to:

Office of Program Consultation and Accreditation
American Psychological Association
750 First Street NE
Washington, DC 20002
Phone: (202) 336-5979 Fax: (202) 336-5978
E-mail (General): APAaccred@apa.org
Web: <http://www.apa.org/ed/accreditation>

Internship Admissions, Support, and Initial Placement Data

The following data is provided to comply with the Commission on Accreditation's Implementation Regulation C-27 I.

INTERNSHIP PROGRAM TABLES

Date program tables are updated: June 22, 2022

Program Disclosures

<p><i>Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies and/or requirements for completion that express mission and values.</i></p>	<p>Yes <input checked="" type="checkbox"/>_</p> <p>No <input type="checkbox"/></p>
<p><i>If yes, provide website link (or content from brochure) where this specific information is presented:</i></p> <p>Internship positions are contingent upon applicants satisfying the following eligibility requirements:</p> <ol style="list-style-type: none"> 1. Confirm status as a U.S. Citizen 2. Sign a form acknowledging freedom from chemical use problems. Chemical use problems are defined by either (1) chemical use that affects the job, job performance or program or (2) having been in chemical use treatment during the past two years. 3. Successful completion of background checks including fingerprinting. 4. Completion of the two-step baseline tuberculin skin test screening (Mantoux testing) and appropriate follow-up as indicated. 5. Proof of malpractice insurance, often provided by their educational program. 6. Proof of COVID vaccination or receive approval for submitted declination form <p>For more information, this document provides an overview of information about the training program while the training manual provides many of the policies and procedures specific to the training program. The most up to date version of the training manual is found at https://www.hazeldenbettyford.org/education/medical-professional-education/psychology-internships/doctoral-internship.</p>	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applications in assessing their likely fit with your program. This description must be consistent with the program's policies on internship selection and practicum and academic preparation requirements:

The Mental Health Centers offer a health service psychology clinical doctoral internship. Doctoral interns are provided an opportunity to build on their strong foundation in scholarly knowledge and grow in their clinical practice. The goal of the training program is to facilitate doctoral interns' development as competent psychologists for a wide range of career opportunities. The program provides a generalist psychology training within an addiction treatment facility treating co-occurring disorders. The training program is designed to offer an incremental, graded learning experience using a developmental learning model that ensures doctoral interns have knowledge of evidence-based practices in the treatment of mental health disorders that co-occur with substance use disorders. Utilizing the developmental model facilitates growing expertise through daily clinical practice.

Interested applicants are not required to have previous experience working with substance use disorders. Rather, this training program seeks applicants who share an interest in gaining education, training and experience with a wide range of general clinical presentations and co-occurring disorders. Doctoral interns move from taking on limited tasks under close supervision, mentoring and intensive instruction to relatively autonomous functioning with an increased workload over the course of the training year, supported by ongoing supervision and consultation. Doctoral interns completing the program are expected to demonstrate competency in the nine profession-wide competencies and display a growing sense of professional identity.

The training program provides broad-based clinical training through exposure to clinical practices as well as involvement in training seminars and supervision.

The training program is offered at the Center City location, which serves adults, and at the Plymouth location, which serves adolescents and young adults. Both the adult and adolescent sites identify training rotations on treatment units. Each rotation includes experience in consultation with a multidisciplinary team, diagnostic assessment, crisis intervention, individual therapy and group therapy. Additional opportunities such as rotations working with patients identified as health care professionals or training on the medical unit may be available in the adult program in Center City. Testing opportunities may be available on a limited basis.

Potential doctoral interns apply for the site/track of greatest interest to them. Applicants may apply to be considered for both tracks or just the adolescent/young adult or adult program. Ultimately, the trainee will be assigned to the site/track matched within the formal match process. Rotation placement within the matched location will be determined during the internship. All trainees will receive rotation placements. No specific rotation placements are guaranteed during a training year.

The internship program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). Over the years, APPIC has developed guidelines and procedures used in student-internship matching, and these guidelines continue to evolve over time, as APPIC remains responsive to the varied concerns around match. APPIC launched APPIC Online (APPIC.org), which is a paperless

application process for doctoral internship programs. The site provides further instructions and guidelines for completion of the application.

The Mental Health Centers training program follows APPIC policies regarding offers and acceptance, and participates in the APPIC Match Program. The Mental Health Centers abides by the APPIC policy in that no person at this training facility will solicit, accept or use any ranking-related information for any intern applicant. Hazelden Betty Ford's Mental Health Centers Doctoral Psychology Internship Program will participate in the APPIC Match Program administered by National Match Services, Inc. (NMS). Applicants must obtain an Applicant Agreement Package from NMS (available at NatMatch.com) and register for the Match in order to be eligible to match to our program.

There are two match numbers for the internship program, corresponding to the two training tracks/sites. Applicants may apply to one or both tracks. Applicants must specify in their materials which track(s) they are applying to. The tracks' match numbers are:

- 166012 Adolescent Track (Plymouth location for adolescents and young adults)
- 166013 Adult Track (Center City location for adults)

Please review the following application and admission requirements carefully. You must:

- Be enrolled in a clinical or counseling psychology doctoral program accredited by the American Psychological Association
- Be a U.S. Citizen
- Have completed the Association of Postdoctoral Psychology and Internship Centers (APPIC) application
- ~~List practice/ training hours completed totaling a minimum of 1,500 hours including all practicum intervention, assessment and support hours. Must have accumulated a minimum of 50 assessment hours and at least 300 intervention hours during practicum.~~ This item has been waived for the applicants applying for the 2022-2023 training year in recognition of the negative effect of the COVID pandemic had on student's training opportunities
- Have successfully completed their school's Comprehensive Examination
- Provide a current curriculum vita
- Provide an official transcript of all graduate work
- Include three letters of recommendation from resources with direct knowledge of your clinical experience, strengths and interests

The application deadline is **November 1** of each year.

Internship positions are contingent upon applicants satisfying the following eligibility requirements:

- Confirm status as a U.S. Citizen
- Signing a form acknowledging freedom from chemical use problems. Chemical use problems are defined by either (1) chemical use that affects the job, job performance or

program or (2) having been in chemical use treatment during the past two years.

- Successful completion of a background check including fingerprinting.
- Completion of the 2 step baseline tuberculin skin test screening (Mantoux testing) and appropriate follow-up as indicated.
- Proof of malpractice insurance, often provided by their educational program.
- Proof of COVID vaccination or receive approval for submitted declination form

Individuals with legal histories are encouraged to apply but should consult the training program before ranking and Match to assure they meet eligibility requirements and are able to attend internship.

The program is a 2,000-hour internship program. Note that the program requires completion of at least 1,904 training hours over a minimum of 12 months based on a full-time status of 40 hours per week. Doctoral interns are at the training site minimally 8.5 hours per day, eight hours of training and a 30-minute lunch break. The internship simulates a real-world work environment including a stipend. See the internship's APPIC directory posting regarding the current stipend and any benefits provided.

Doctoral interns are expected to dedicate at least 25% of their time to service delivery. Doctoral interns receive up to 15 days (120 hours) of sick or vacation time, seven Hazelden Betty Ford Foundation-recognized holidays (56 hours, includes one floating holiday) and five days (40 hours) of professional leave time. Of note, professional leave time is counted toward training hours. Also, due their responsibility to provider services in a residential treatment center, doctoral interns rotate through coverage of holidays. The internship offers the flexibility in scheduling over the year to receive the 2,000 hours of training required in some states for licensure while the minimum expectation of the training program is 1,904 hours.

Additional requirements for successful training completion include:

- Fulfillment of an individualized training plan
- Completion of didactic training, weekly supervision and clinical rotations
- Achievement of competency thresholds including satisfactory ratings on all nine profession-wide competencies on the end-of-year competency evaluation
- Adherence to the Internship Program Agreement

Doctoral interns who fulfill program requirements are awarded a certificate of completion.

Questions related to the program's accreditation status should be directed to the contact listed here:

Office of Program Consultation and Accreditation American Psychological Association
750 First Street, NE Washington, DC 20002
202-336-5979 | Fax: 202-336-5978
apaaccred@apa.org | accreditation.apa.org

Please contact the training director with questions about the training program.



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Sarah Beth Beckham, PsyD, LP
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Does the program require that applications have received a minimum number of hours of the following at time of application? If yes, indicate how many:

Due to the effect COVID had on opportunities for practicum training, the program is waiving this requirement for applicants applying to the program for 2023-2024.

Total Direct Contact Intervention Hours: n/a

Total Direct Contact Assessment Hours: n/a

Describe any other minimum criteria used to screen applicants:

As noted above, applications are reviewed to assure the following requirements are met:

- Be enrolled in a clinical or counseling psychology doctoral program accredited by the American Psychological Association
- Be a U.S. Citizen
- Have completed and submitted the Association of Postdoctoral Psychology and Internship Centers application (AAPI)
- ~~List practice/ training hours completed totaling a minimum of 1,500 hours including all practicum intervention, assessment and support hours. Must have accumulated a minimum of 50 assessment hours and at least 300 intervention hours during practicum.~~ This item has been waived for the applicants applying for the 2022-2023 training year in recognition of the negative effect of the COVID pandemic had on student's training opportunities
- Have successfully passed their school's Comprehensive Examination
- Provide a current curriculum vita
- Provide an official transcript of all graduate work
- Include three letters of recommendation from resources with direct knowledge of your clinical experience, strengths and interests

Financial and Other Benefit Support for Upcoming Training Year

Annual stipend for full-time interns:	\$31,518 (for 2022-2023)
Annual stipend for half-time interns:	n/a
Program provides access to medical insurance for intern? Trainee contribution to cost required? Coverage of family members available? Coverage of legally married partner available? Coverage of domestic partner available?	No. The program does not offer medical benefits through HBFF for the individual, family, or domestic partner. The program does offer an additional \$300 each month to help offset costs for securing their own health benefits.
If access to medical insurance is provided:	N/A, medical insurance is not provided.
-Training contribution to cost required?	No
-Coverage of family member(s) available?	No
-Coverage of legally married partner available?	No
-Coverage of domestic partner available?	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation):	Doctoral interns receive up to 15 days, or 120 hours, of time off (combined sick and/or vacation leave).
Hours of Annual Paid Sick Leave:	Doctoral interns receive up to 15 days, 120 hours, of combined sick and/or vacation leave.
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns in excess of personal time off and sick leave?	Yes, the program has a policy regarding parental leave time and does support unpaid leave when appropriate. Medical leave may be approved as needed.
Other benefits:	<p>Doctoral interns receive up to 5 professional development days for completing their dissertation. After dissertation completion, they may use professional time for attending external trainings or taking the licensure exam.</p> <p>Interns will receive some holidays off. Interns will be assigned to work some holidays and will be given the opportunity to take days off to make up for time worked.</p> <p>Trainees receive 2 hours of didactics weekly. At least once per month, HBFF offers free CEU trainings on topics of mental health, addiction, ethics, and cultural competence.</p>



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At the Center City site, the gym and pool are available for use (pending COVID status). Both sites have meditation rooms and trails/nature areas nearby for walks and engaging in self-care. Both sites also have onsite cafeterias and bookstores. The Center City location houses the HBFF library.

Initial Post-Internship Positions

Provide an aggregated tally for the preceding 3 cohorts per IR C-27 I.

	2018-2021	
Total # of interns who were in the 3 cohorts:	2018-2019: 6 2019-2020: 6 2020-2021: 6 18 total	
Total # of interns who remain in training in the internship program:	0, all 6 completed successfully	
	Post-doctoral resident (PD)	Employed (EP)
Academic teaching	0	0
Community mental health center	1	1
Consortium	0	0
University counseling center	1	0
Hospital/Medical Center	0	0
Veterans Affairs Health Care System	0	0
Psychiatric facility	0	0
Correctional facility	0	1
Health maintenance organization	0	0
School district/system	0	0
Independent practice setting	1	0
Other	13	0