

Prevention and Early Intervention Programs, Products, Services and Training Offerings

Comprehensive Prevention Model



Talk to our Prevention and Early Intervention Team

Let's shape and strengthen prevention and early intervention solutions for your community together.

Prevention@HazeldenBettyFord.org or call **1-866-375-2996**.



Assessment and Planning Tools

Prevention Assessment – A prevention assessment is a process for evaluating a school or community’s prevention efforts and initiatives. It offers schools and communities guidance, suggestions and recommendations on how to improve existing programs, policies and procedures, and how to fill the gaps in their current program. The Prevention and Early Intervention program tailors its approach to fit each organization’s particular needs, priorities and resources.

Student Attitudes and Behavior Survey (SABS) – The SABS was developed in conjunction with one of the pioneering researchers in social norms theory. It is a 52-question instrument designed to measure students’ actual attitudes and behavior about alcohol and other drugs, as well as their perceptions of the behavior and attitudes of their schoolmates. The survey also reveals other factors that may impact a young person’s health, like family and school connectivity.



Primary Prevention

Student Non-Use Peer Leadership Program – The Student Non-Use Peer Leadership Program is a student-led initiative for young people who choose not to use alcohol and other drugs. It utilizes student voices to positively influence the school and larger community. Students who choose not to use alcohol and other drugs act as role models and mentors to provide positive messaging that reinforces the reality that many young people are living healthy lifestyles. The program provides social development and support for these students and works to shift the social norms of the greater community.

The Top Secret Project – Hazelden’s Top Secret Project is a virtual skill-building experience that helps parents and caregivers:

- Identify warning signs of health risks, including substance misuse and mental health concerns, by virtually walking through a teen’s bedroom.

- Understand current trends in teen substance misuse and mental and emotional health.
- Develop skills to have ongoing conversations about health and wellbeing.

Violence Prevention

Safe Dates – This evidence-based program helps teens recognize the difference between caring, supportive relationships and controlling, manipulative or abusive relationships. It is during the critical preteen and teen years that young people begin to learn the skills needed to create and foster positive relationships. *Safe Dates* equips young people with the tools they need to develop these important life skills, which reduces violence and addresses substance misuse risk factors.

Secondary Interventions

The Children’s Program (Beamer’s Buddies Toolkit) – This program is designed for young people ages seven to 12 who have been affected by alcoholism or other drug misuse in the family. Through activities, stories and sharing led by trained counseling staff, children learn to identify and express their feelings, develop coping and self-care skills, deepen communication with their parents or adult caregivers, and recognize they are not alone in navigating the challenges of growing up with an addicted family member. Equipping young people who are at increased risk of substance misuse due to genetic or familial factors with healthy living skills is an effective form of prevention.

Hazelden Lifelines® Prevention: Building Knowledge and Skills to Prevent Suicide – *Hazelden Lifelines® Prevention* is a comprehensive, whole-school suicide prevention curriculum that educates school faculty, parents and students on the facts about suicide and their respective roles as suicide preventers. With evidence-based interactive lessons, participants will explore how to teach grade-level, specific problem-solving strategies; help-seeking behaviors and social-emotional learning skills relevant to all students.

Early Intervention (Tertiary Prevention)

Teen Intervene – *Teen Intervene* provides an easily administered, low-cost screening, intervention and referral to treatment (SBIRT) program that helps teens self-identify an emerging or mild-to-moderate substance use disorder. It also provides a brief plan for intervention and guides the referral to treatment. This evidence-based program can be administered in a variety of settings, making it an effective tool for school counselors, health professionals, social workers, psychologists, youth treatment service providers and juvenile justice professionals.