



## Connection<sup>™</sup> for Families

### *Support, Education and Guidance for Parents and Families*

Addiction is a disease that affects the whole family. Connection<sup>™</sup> for Families is a program designed to offer support, education and guidance for families—no matter where their loved one is at in their recovery journey.

Substance use disorders can have devastating effects on families. By the time a loved one begins the process of recovery, their family members may be equally in need of recovery support due to extended periods of extreme worry, stress, deteriorating relationships, lack of trust, feelings of powerlessness, loss of family cohesion and codependency.

- **Supporting Families**—Connection for Families specifically supports families whose emotional, physical and spiritual health has been compromised by a loved one's addiction.
- **What to Expect**—Based on the success of Connection, the Connection for Families program offers family members support, guidance and assistance in cultivating their own wellness—all while learning to develop support for themselves on their own.
- **Phone Coaching**—Connection for Families offers phone coaching sessions with a Recovery Coach who is a licensed alcohol and drug counselor.
- **Pricing**—\$400 for three hours of coaching offered in six 30-minute calls with a Recovery Coach.
- **How to reach us**—Calls can be scheduled weekly, monthly or used on an “as-needed” basis.



### **Reach out today. We're here for you.**

To learn more and to enroll in Connection for Families:

Call **877-394-6014**

Visit [HazeldenBettyFord.org/Connection4Families](https://www.HazeldenBettyFord.org/Connection4Families)