

ConnectionTM Testimonials

Here's what our participants have to say about their experience with the ConnectionTM program:

- The Connection program was something I needed, and I am glad I did it. My Connection coach was helpful, insightful and courteous at all times. My goal when I started Connection was to be well established in sobriety when it was complete. I achieved my goal, thanks to my Connection coach and the Hazelden Betty Ford Foundation. I have a strong recovery program, and I am grateful for each day in recovery. Thank you to all who helped me get this far.
- The constant communication and understanding of difficult situations that come up and the ability to provide valuable advice exceeded my expectations.
- It was exactly what I needed at the time. Held me accountable in ways I needed it but also allowed me to focus on things besides recovery, like school and work.
- My Connection coach was always professional and helpful and had a positive attitude. Great experience!
- My Connection coach always went up and beyond the call of duty for me. We had schedule changes at times, and she was always flexible when that happened. She communicates very effectively and returns messages promptly.
- My Connection coach was always available and provided helpful advice and suggestions.
- My Connection coach was a positive driving force in my program. Phenomenal professional in her field. She is compassionate and understanding. Offers appropriate guidance.
- The Connection coaches are very understanding, encouraging and helpful.
- The added level of accountability helped me immeasurably.
- Great program for accountability and offers many resources. Helpful and understanding.
- I appreciated the constant communication and understanding of difficult situations that come up and the ability to provide valuable advice.
- Helped me stay sober.

Learn what family members are saying about their experience with the Connection program:

- The Connection coach listened to everything any of us said and coached us kindly and firmly. I like how responsive the program was to my mother's tendencies and how we could customize the program for the best reasonable outcome.
- Very helpful to talk through certain situations related to addiction of our family member. Excellent program for both the addict and family members to help align goals and expectations.
- My husband struggled at a few points while in the program and the Connection coach was always there. She would return calls in a timely manner. She reached out to his doctors and was a great sounding board for us to vent and ask for guidance.
- All of the staff and Connection coaches are extremely professional and compassionate.
- Connection is critical for the reentry into a more normal life without drugs and alcohol.
- My Connection coach made time to talk with me about my concerns and offered advice on what I could do. It was great to have someone tell me I was doing the right thing when it felt like at times I wasn't.
- I found it extremely comforting and reassuring to talk to the Connection coach.
- My Connection coach helped me develop the ability to let go in stressful situations and gain more serenity when dealing with my son.
- Without Connection, I don't think my son could have managed his transition to a new city and a new school and, most important, to a recovery mind-set. He found his sponsor mostly because of continued contact with Connection. The urine analysis tests kept him accountable, and the staff did a good job of staying on top of our requirements and making those clear to my son. It was important for my son to have that extra accountability and for me to be able to step back and allow him to take the Steps himself (which are the only steps that matter). As I see it, the six months of Connection was critical for his movement into a journey of recovery. So yes, it made a big difference. Thank you.



HazeldenBettyFord.org/Connection
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