Lisa Hoffman-Konn, PhD, LP

Mental Health Supervisor, Center City

Lisa Hoffman-Konn, PhD, LP, has interests in mental health recovery, reducing stigma and community inclusion of people with mental health conditions. Her theoretical orientation is primarily person-centered and behavioral, with training in Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Motivational Interviewing, and psychosocial rehabilitation practices. (2005, Clinical Psychology, University of Arizona)

Sarah Beth Beckman, PsyD, LP

Training Director and Senior Clinician, Center City

Sarah Beth Beckman, PsyD, LP, has interests in Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), treatment of severe and persistent mental illness, trauma informed care, borderline personality disorder, and treatment of co-occurring disorders. She also has interest in providing clinical supervision and training utilizing the integrated developmental model and competency based supervision styles. She values opportunities to work with diverse individuals on teams and in training, supervision, and clinical work. (2012, Clinical Psychology, Minnesota School of Professional Psychology at Argosy University)

Jane Baillargeon, PsyD, LP

Senior Clinician, Center City

Dr. Baillargeon competed a B.A. in Nursing in 1997 at St. Catherine University. She went on to receive a B.S. in Psychology in 2008 from the University of Wisconsin- River Falls, followed by an M.A. in Counseling Psychology from Bethel University in 2010. In 2014 Dr. Baillargeon earned a Psy.D. at The University of St. Thomas. Her approach to therapy draws from interpersonal, client centered, cognitive behavioral, dialectical behavioral and developmental theories. She believes the quality of therapeutic alliance is invaluable to cultivating client growth. She also considers client culture, worldview, identity, and preferences for treatment path when making suggestions/recommendations. Areas of interest include anxiety, depression, dual diagnoses, anger, family of origin, self-esteem, identity, diversity, group therapy and supervision.

Princess Drake, PsyD, MS, MA

Mental Health Practitioner, Center City

Princess Drake, PsyD, MS, MA, has interests in co-occurring disorders, trauma, psychosis, diversity/identity issues, and personality disorders. Theoretical orientation interest includes Time Limited Dynamic Psychotherapy, Attachment, Acceptance and Commitment Therapy and Cognitive Behavioral Therapy. Ms Drake is dedicated to working with a diverse populations and obtaining additional experience through leadership, mentoring, and academic training. (2018 Florida School of Professional Psychiatry).
Lindsay Paetznick, PsyD, LP  
Senior Clinician, Center City

Lindsay Paetznick, PsyD, LP, has interests in dialectical behavior therapy, treatment of serious and persistent mental illness, training and supervision, assessment and treatment of co-occurring disorders, mindfulness-based psychotherapy. (2012, Clinical Psychology, Minnesota School of Professional Psychology at Argosy University)

Ann Schissel, PhD, LP  
Senior Clinician, Center City

Ann M. Schissel PhD, has interests in treatments focusing on Cognitive Behavioral Therapy and mindfulness for mood and anxiety disorders, assessment, and developmental influences on psychopathology and personality. (2015, Clinical Psychology, University of Minnesota, Clinical Science and Psychopathology Research Program)

Linda Slaikeu, MA, LMFT  
Mental Health Professional, Center City

Linda Slaikeu, MA, LMFT, has interests in co-occurring disorders, unresolved emotional issues, trauma, grief and loss. Working from a family systems lens, she helps individuals identify and address unhealthy relationship patterns; she also applies strengths-based therapies, Cognitive Behavioral Therapy, and Solution-Focused Therapy to help individuals achieve desired changes in their lives. (2007, Bethel University, St. Paul, MN).

Nicole Groschen, MSW, LICSW  
Mental Health Professional, Center City

Nicole Groschen, MSW, LICSW has interests in treatments that focus on co-occurring disorders, anxiety disorders (particularly Post Traumatic Stress Disorder) as well as grief and loss. Therapy approaches she has utilized are: Cognitive Behavioral Therapy (CBT), Mindfulness techniques, and Eye Movement Desensitization and Reprocessing (EMDR). She also has specific mental health training for working with military personnel and their families. (2014, Suzanne Dworak-Peck School of Social Work, University of Southern California).

Jacob Spehar, MA, LADC, LPCC  
Mental Health Professional, Center City

Jacob Spehar, MA, LADC, LPCC has interests in co-occurring disorders, issues related to cultural diversity, trauma, disordered eating, codependency, group therapy dynamics and supervision. He utilizes techniques from the following therapy approaches: cognitive behavioral therapy, acceptance commitment therapy, motivational interviewing and mindfulness practice (2014, Hazelden Betty Ford Graduate School of Addiction Studies).
**Doctoral Interns**

Eric Aprill, M.A., has an interest in co-occurring chemical dependency and mental health disorders, behavioral addictions, trauma, and the LGBTQ+ community. His theoretical orientation interests include Internal Family Systems (IFS), Emotion Focused Therapy (EFT), Attachment Theory, and Cognitive Behavioral Therapy (CBT). He has previously worked with children, adolescents, and adults in residential, community mental health, inpatient, and private practice settings. He is completing his last year of his doctoral degree at Adler University in Chicago, IL.

Steve Charpentier, MA has interests co-occurring disorders, trauma, mood disorders, and psychological assessment. Therapy approaches he has used include Psychodynamic, Cognitive Behavioral, Emotion-Focused, and Eye Movement Desensitization and Reprocessing (EMDR). Steve earned a MA in Clinical Psychology from Argosy University in 2012. After working in community outpatient mental health for several years, he returned to graduate school in pursuit of a Psy.D. He is currently a Doctoral Candidate at the Chicago School of Professional Psychology, expected to graduate in September, 2020.

Brent Haagenson, MA, completed his Masters in Counseling and Psychological Services from Saint Mary’s University of Minnesota, from where he is also completing a Doctor of Psychology Degree. His primary clinical interests are using 12-step principles in psychotherapy; integrating wellness and holistic living into mental health and substance abuse recovery; addressing the challenges of life shifts, including emerging adulthood; and performing strengths-based neurocognitive assessments.

Luke Bigler, MA, has interest in the treatment of addiction, co-occurring mental health disorders, and psychological assessment. He utilizes an integrated intervention approach, focusing primarily upon humanistic and behavioral approaches. He has previous clinical experiences in school based mental health programs, psychiatric hospitals, and has forensic experience in both the criminal and family court systems. Luke is currently finishing his final year of training to complete his doctorate in clinical psychology (Psy.D.) at the Chicago School of Professional Psychology.
Postdoctoral Residents

Dustin Brockberg, MA, PhD has interest in the treatment of co-occurring disorders, psychological assessment, trauma-related issues, sleep hygiene, and chronic pain. He is focused on using evidence-based practice such as Cognitive Behavioral Therapy (CBT) and Dialectical Behavioral Therapy (DBT). (2019, University of Wisconsin – Madison).

Jacob Nelson, M.S., has interests in co-occurring chemical dependency and mental health disorders and the LGBTQIA+ community. His theoretical orientation is integrative and person centered, with specific focus placed on cognitive behavioral and attachment-based approaches. Jacob is a doctoral mental health intern completing his last year of graduate school at Palo Alto University in Palo Alto, CA.

Patsy Perez-Ramirez, M.S., PsyD has interest in helping people to recover from addiction and co-occurring disorders. Her theoretical orientation is Cognitive Behavioral Therapy and has worked in multiple settings with the manualized treatment of Seeking Safety. She is dedicated to working with diverse populations, and hopes to provide additional support with Hispanic patients in the future. (2019, Albizu University, Miami, FL.)
Helen Troy-Duncan, PsyD, LP

Supervisor of Outpatient Mental Health, Family Program, Plymouth

Helen Troy-Duncan, PsyD, LP, has interests in cognitive assessment, including neuropsychological and ADHD assessment, mood disorders, personality disorders, and relationship issues. (2010, Clinical Psychology, Argosy University-Twin Cities)

Tim Portinga, PsyD, LP

Mental Health Clinic Supervisor, Plymouth

Tim Portinga, PsyD, LP, also serves as an adjunct professor with Hazelden’s Graduate School of Addiction Studies. Areas of focus includes co-morbidity of depression and conduct disorder, developmental psychology, psychotherapy with oppositional adolescents, and health psychology. Tim is a 2005 graduate of the University of St. Thomas in Counseling Psychology.

David Wells, PhD, LP

Senior Clinician, Plymouth

David Wells, PhD, LP has interests in adolescent development, cognitive-behavioral interventions for anxiety and depression, personality disorders, oppositional problems, anger issues, interpersonal conflict, group therapy. (2014, University of Minnesota)

Rachel Ryan, PsyD, LP

Senior Clinician, Plymouth

Rachel Ryan, PsyD, LP, graduated with a bachelor’s degree in psychology from the University of Minnesota-Twin Cities in 2010 and a doctorate in psychology from Alder University in Chicago, IL in 2015. She has specialty training with eating disorders and duel-diagnosis of eating disorders and substance use disorders. She also has an interest in Acceptance and Commitment Therapy for treating co-occurring issues in adolescents and young adults.

Nora Durkin, MA, PhD, LP

Senior Clinician, Plymouth

Nora Durkin, MA, PhD, LP Graduated from the University of Minnesota in 2017. Interests: Emotion regulation, eating disorders, assessment, treatment outcome research, cognitive behavior therapy, emotion-focused interventions, identity development, group dynamics, training/supervision, and multicultural competency.
Mental Health in Plymouth, MN

Doctoral Interns

Heidi Bausch, MA, has interests in exploring grief and identity associated with substance use, on one’s journey of recovery and healing. She draws upon Acceptance & Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), and psychodynamic theory to explore mental health challenges and promote insight and self-empowerment. Heidi is completing her Psy.D. in Counseling Psychology at the University of St. Thomas.

Maddilyn Lindeman, MA has clinical interests including: treatment of co-occurring disorders, family and interpersonal issues, developmental psychology, and group therapy. She received her master’s degree in clinical psychology from the Minnesota School of Professional Psychology and is completing her PsyD at The Chicago School of Professional Psychology- Washington D.C.

Postdoctoral Residents

Emily Morimoto, Ph.D.

Postdoctoral Resident, Plymouth

Emily Morimoto attained her Ph.D. in clinical psychology from Palo Alto University in Palo Alto, CA. She has interests in identity development, interpersonal conflict, emotion-regulation, dual-diagnosis, and multiculturalism. Emily also has an interest in eating disorders and has completed specialty clinical work in her training.
Mental Health in St. Paul, MN

Leslie Adair, PhD, LP, LMFT

National Executive Director of Mental Health

Leslie Adair, PhD, LP, LMFT, areas of focus include co-occurring disorder assessment and treatment; couples, family, and relationship counseling; abuse and trauma issues; integrating Twelve Step philosophy into mental health treatment, and cognitive assessment. Leslie is a 2010 graduate of Fielding Graduate University in Clinical Psychology.

Kelly Lindberg, PsyD, LP, LADC

Mental Health Supervisor in St. Paul, Maple Grove, and Chaska

Kelly Lindberg, Psy.D., LP, LADC, has interests in areas of focus including co-occurring disorder assessment and treatment, mood and anxiety disorders, treatment of severe and persistent mental illness, abuse and trauma therapy, and cognitive assessment; utilizing a Client-Centered Therapy, Cognitive Behavioral Therapy, Solution-Focused Therapy, Dialectical Behavior Therapy, and Motivational Interviewing. (2012, Clinical Psychology, Minnesota School of Professional Psychology at Argosy University)

Sarah Wicks, PhD, LP

Senior Clinician, Chaska

Sarah Wicks’, PhD, LP, has interests in acceptance and commitment therapy, interpersonal process group psychotherapy, impact of addictions on relationships and emotion regulation, eating disorders, multicultural perspectives in psychotherapy and LGBTQ-affirming treatment approaches. (2008, Counseling Psychology, Washington State University)

Nicholas Culp, PsyD, LP

Senior Clinician, St. Paul

Nicholas Culp, PsyD, LP, has interests in psychological assessment, Cognitive Behavioral Therapy, Co-occurring Disorders, issues related to cultural diversity, group therapy dynamics, supervision, treatment of severe and persistent mental illness, personality disorders, motivational interviewing, mood and anxiety disorders, and mindfulness practice. (2012, Clinical Psychology, Minnesota School of Professional Psychology at Argosy University)
Postdoctoral Residents

Anne Catino, PsyD (2018, University of St. Thomas Minneapolis). Interests: Neuropsychological assessment, treatment of anxiety, depression, and chronic pain. She is focused on client-centered therapies using Cognitive Behavior Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Dialectical Behavioral Therapy (DBT).

Olivia Larson, Ph.D. (2019, Nova Southeastern University). Her interests include co-occurring disorders, trauma/PTSD, relationship issues, shame/guilt, personality disorders, group psychotherapy, and program evaluation. Her approach to treatment relies heavily on Time-Limited Dynamic Psychotherapy, but incorporates interventions from other therapeutic approaches, including Cognitive-Behavioral Therapy, Acceptance and Commitment Therapy, and Dialectical Behavior Therapy. She has previously worked in Veteran’s Administration hospitals and community mental health clinics.

Rachel Corwin, Psy.D. is a postdoctoral resident at Hazelden Betty Ford Foundation at the St. Paul and Chaska campuses. She has interests in co-occurring chemical dependency and mental health disorders and individuals experiencing grief and loss. Previous experiences include residential and intensive outpatient substance use treatment programs, community colleges, and a private practice setting. Her theoretical framework is Client-Centered/Humanistic and she values the importance of supporting people through their own process in a safe and empathic space. Rachel completed her coursework for Clinical Psychology at Adler University, Chicago, IL in 2019.
Mental Health in Newberg, OR

Heidi Wallace, MA, LPC, NCC, MAC
Executive Director, Oregon Operations

Heidi Wallace is the Executive Director of the Hazelden Betty Ford Foundation’s Oregon operations. Wallace, who holds a wide variety of professional degrees and designations-MA, LPC, NCC, MAC-is a master addictions counselor who also serves on the Hazelden Betty Ford Foundation’s Clinical Excellence and Innovation Team (CEIT). She is also a highly effective public speaker on a wide variety of addiction-related topics. Wallace earned her bachelor’s degree at the University of Montana and master’s degree in counseling psychology with an emphasis on addictions, at Lewis and Clark College. She has worked in both residential and outpatient treatment settings as well as private practice for the past 20 years.

Brandi Schmeling, PhD, LP
Senior Clinician, Newberg

Brandi Schmeling, PhD, LP, has interests in co-occurring disorders, trauma focused treatments, utilizing cognitive behavioral, dialectical behavioral and acceptance and commitment therapies. (2016, Palo Alto University)

Bobby Trihub, PsyD, LP
Senior Clinician, Newberg

Bobby Trihub, PsyD, LP, has interests in co-occurring disorders, trauma recovery spirituality, integrated behavioral healthcare, psychological and cognitive assessment, program development and consultation. He utilizes a variety of therapeutic approaches such as cognitive-behavioral, narrative and interpersonal therapies. (2010, George Fox University)

Jory, Smith, PsyD, LP
Senior Clinician, Newberg

Jory Smith, PsyD, LP, has interests in trauma treatment, self-esteem issues, depression, positive psychology, shame, family systems, social psychology dynamics. (2009, George Fox University)

Postdoctoral Resident

Mark Thomas